

Gateforth Defibrillator Guide



Calling 999

Accessing the Gateforth defibrillator:

- The defibrillator is located inside the Bus Shelter on the Village Green. (See map below★)
- When dialing 999, the operator will ask you the following:
 - Which service you require: **AMBULANCE ACCESS TO DIFIBRILLATOR**
 - Your location: **GATEFORTH VILLAGE GREEN**
 - Who you need it for: **NAME OF PERSON REQUIRING ASSISTANCE**
 - Location of patient: **LOCATION OF PATIENT***

**Note: There is a map in the bus shelter which shows house names/locations*

- The operator will provide you with the **ACCESS CODE** to open the box.
- The defibrillator is in its own box. Take this box to the patient.
- Stay on the phone as the operator will provide instructions on how to operate the defibrillator. (See following page)
- Stay with the patient until the ambulance arrives.
- **Remember** : please return the defibrillator to the main box and close the outer case (ensuring it's locked)
- **Remember:** Please contact the Gateforth Parish Clerk to notify them that you have used the defibrillator. (Email: gateforthpc@gmail.com) This will enable the device to be checked and the pads replaced.



Be reassured:

- Defibrillators are very easy to use.
- Although they don't all look the same, they all function in broadly the same way.
- You don't need training to use one. The machine gives clear spoken instructions – all you have to do is follow them - and it won't shock someone unless they need it.
- If you come across someone who is unconscious, unresponsive, not breathing or not breathing normally, they're in cardiac arrest. The most important thing is to call 999 and start CPR to keep the blood flowing to the brain and around the body. After a cardiac arrest, every minute without CPR and defibrillation reduces someone's chance of survival by 10 per cent.
- If you're on your own, don't interrupt the CPR to go and get a defibrillator. If possible, send someone else.



Using a Defibrillator

A general guide to using a defibrillator:

- **Step 1:** Turn the defibrillator on by pressing the green button and follow its instructions.
- **Step 2:** Peel off the sticky pads and attach them to the patient's skin, one on each side of the chest, as shown in the picture on the defibrillator.
- **Step 3:** Once the pads have been attached, stop CPR and don't touch the patient. The defibrillator will then analyse the patient's heart rhythm.
- **Step 4:** The defibrillator will assess whether a shock is needed and if so, it will tell you to press the shock button. An automatic defibrillator will shock the patient without prompt.
Do not touch the patient while they are being shocked.
- **Step 5:** The defibrillator will tell you when the shock has been delivered and whether you need to continue CPR.
- **Step 6:** Continue with chest compressions and rescue breaths until the patient shows signs of life or the defibrillator tells you to stop so it can analyse the heartbeat again.



Signs of a cardiac arrest?

A cardiac arrest usually happens without warning. If someone is in cardiac arrest, they collapse suddenly and:

- will be unconscious
- will be unresponsive and
- won't be breathing or breathing normally - not breathing normally may mean they're making gasping noises.
- Without immediate treatment or medical attention, the person will die. If you see someone having a cardiac arrest, phone 999 immediately and start CPR.